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Friday 5th August 2011

Dear Parents,

Today your child was given the opportunity to view a promotional video for the WASP programme that was set up this year at Westburn.

Below we have outlined some of the details of the programme.

What is WASP?

WASP is the Westburn Advanced Sports Programme.

The programme's aim is:

To promote excellence in physical education, encourage and spread good practice within sports, and develop a visible sports ethos throughout the school and local community which will inspire students.

It will cater for children who have demonstrated or have been identified as having a high level of skill in their chosen sport.

We are pleased to be able to include the services of Jason Gregory, a sports and fitness trainer who has worked with Canterbury netball, tennis and rugby to the programme. Jason will be taking on the role of co-ordinator of the programme and will be running the weekly morning sessions.

Objectives:

The programme will...

- be run as a weekly programme*
- involve coaching and tuition in both skills and sports science*
- be run as both practical and theory based lessons*
- allow for monitoring of the participants in terms of fitness, skill development and knowledge*
- provide guidelines and examples of best practice for nutrition, sports psychology and physical training*

- *offer extra opportunities to represent the school in a variety of events e.g. fun runs, CPSS,*
- *involve outdoor education experiences that focus on leadership in sport and team building*
- *offer opportunities for the students to organise and run sports events within the school*

Details:

- *The programme will begin each year in Term 1.*
- *Involve 8 morning sessions per term*
- *Involve 3 theory based sessions per term.*
- *It is run as a 3 year programme*
- *The programme will conclude each year in Term 4.*
- *New participants will be invited to apply in Term 3 of each year; existing participants will be able to continue through to the next year as long as they are meeting the criteria set.*
- *Entry to the programme is via an application form*
- *If short listed, applicants will be expected to attend one morning session*
- *The numbers will be limited to 20 students maximum, Year 6 to Year 8 inclusive.*
- *Students must be enrolled at Westburn School to be involved in the programme.*
- *Each member will be regularly assessed using specific criteria.*
- *The cost for the programme is set at \$150 for the year.*

If the programme sounds of interest to you and you believe your child would like to apply for the 2012 intake, please collect a brochure and an application form from the office.

All applications must be received no later than Thursday 18th August.

Please do not hesitate to make contact with the teachers involved to ask any questions. We are excited about the potential this programme offers and are looking forward to working along side the children in developing something special for our school.

Many thanks

Darryn Ward
 Andrew Hardie
 Nathan Fortune
 Jason Gregory